

# Fish



All the flavor of fresh fish,  
at your table.



# Fish

For more than 50 years Frip ships catch the best fresh fish in the cold waters of the Atlantic, near the Portuguese coast.



## Packaging Options

Bulk sale on box by request (IQF).



Pack: 600g | Master: 8x600g



Pack: 1kg | Master: 6x1kg



Pack: 2,5kg | Master: 2x2,5kg



Hygienized (skin pack)



**Forkbeard (slice)**  
*Phycis blennoides*  
*Salilota australis*



**Horse Mackerel (all sizes)**  
*Trachurus trachurus*



**Sardine (all sizes)**  
*Sardina pitchardus*



**Meagre (slice)**  
*Argyrosomus hololepidotus*  
*Protonidea diacanthus*



**Hake (slice fry)**  
*Merluccius hubsis*  
*Merluccius capensis*  
*Merluccius australis*



**Hake (slice boil)**  
*Merluccius hubsis*  
*Merluccius capensis*  
*Merluccius australis*



**Hake Fillet**  
*Merluccius hubsis*  
*Merluccius capensis*



**King Clip (slice)**  
*Genypterus blacodes*





**Flounder (whole)**  
*Hippoglossoides platessoides*



**Flounder (slice)**  
*Hippoglossoides platessoides*



**Sole (whole)**  
*Solea lascaris*  
*Synaptura cadenati*



**Black Scabbardfish (slice)**  
*Aphanopus carbo*



**Silver Scabbardfish (slice)**  
*Lepidopus caudatus*



**Red Fish (whole)**  
*Sebastes spp*



**Red Fish (slice)**  
*Sebastes spp*



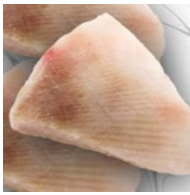
**Nile Perch (slice)**  
*Lates niloticus*



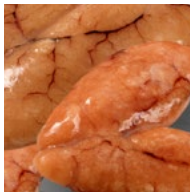
**Salmon (slice)**  
*Oncorhynchus keta*



**Blue Shark (slice boil)**  
*Prionace glauca*



**Ray (slice)**  
*Raja spp*



**Cod Roes**  
*Gadus morhua*



**Clean Cuttlefish**  
*Sepia spp*



**Whole Cuttlefish**  
*Sepia spp*



**Octopus from Mozambique**  
*Octopus vulgaris*







Equipped with the best fishing technology and conservation of fresh fish, with ice production on board, Fripi vessels fish in harmony with the natural habitats.



**Cape Hake Fillets**  
*Merluccius capensis*  
 Pack: 400g | Master: 15x400g



**Swordfish (slice)**  
*Xiphias gladius*  
 Pack: 500g | Master: 14x500g



**White Clam**  
*Spisula solida*  
 Pack: 1kg | Master: 6x1kg



**Peeled Pink Shrimp with tails**  
*Haliporoides triarthrus*  
 Pack: 250g | Master: 16x250g



**Clean Cuttlefish**  
*Sepia officinalis*  
 Pack: 800g | Master: 12x800g



**Clean Squid**  
*Loligo spp*  
 Pack: 800g | Master: 12x800g



Pack: 1kg



Pack: 250g, 300g, 400g, 620g



**Seafood Cocktail**  
 Pack: 250g/1kg  
 Master: 16x250g/7x1kg



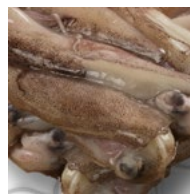
**Fish Mix (stew)**  
 Pack: 620g  
 Master: 13x620g



**Cod Roes**  
*Gadus morhua*  
 Pack: 300g/1kg  
 Master: 20x300g



**Clean Octopus**  
*Octopus vulgaris*  
 Pack: 400g/1kg  
 Master: 15x400g/6x1kg



**Squid (whole)**  
*Loligo spp*  
 Pack: 400g  
 Master: 15x400g



**Clean Squid**  
*Loligo spp*  
 Pack: 400g  
 Master: 15x400g



**Clean Cuttlefish**  
*Sepia spp*  
 Pack: 400g  
 Master: 15x400g



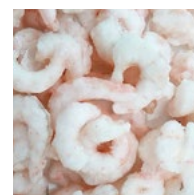
**Mussel Meat**  
*Mytilus spp*  
 Pack: 250g/1kg  
 Master: 16x250g/7x1kg



**Clam Meat**  
*Paphia undulata*  
 Pack: 250g/1kg  
 Master: 16x250g/7x1kg



**Peeled Prawns**  
*Paramenaeopsis stylifera*  
*Penaidea*  
 Pack: 250g/1kg  
 Master: 16x250g/7x1kg



**Peeled White Shrimp**  
*Parapenaeus longirostris*  
 Pack: 250g/1kg  
 Master: 16x250g/7x1kg



**Peeled Pink Shrimp**  
*Haliporoides triarthrus*  
 Pack: 250g  
 Master: 16x250g





[www.frip.pt](http://www.frip.pt)



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