



Pepered



Delicious ready meals and complements, easy to cook.



Prepared

Frip produces simple preparation breaded products, complements and ready meals using its best raw materials.



Salt Cod "à Brás"

Pack: 240g | Master: 6x240g



Salt Cod with Spinach

Pack: 350g | Master: 6x350g



"Spiritual" Salt Cod

Pack: 350g | Master: 6x350g



Roasted Octopus

Pack: 300g | Master: 6x300g



Duck Rice

Pack: 300g | Master: 6x300g



Wild Shrimps with Garlic

Pack: 300g | Master: 6x300g



Wild Shrimps Curry with Rice

Pack: 400g | Master: 6x400g



Stewed Broad Beans with Meat and Chorizo

Pack: 400g | Master: 6x400g



Breaded Cape Hake Fillets
Pack: 400g | Master: 9x400g



Breaded Wild Pink Shrimp
Pack: 300g | Master: 6x300g



Hake Fish Fingers
Pack: 300g | Master: 12x300g



Codfish Delights
Pack: 300g | Master: 6x300g



Breaded Black Scabbardfish Fillets
Pack: 300g | Master: 6x300g



Meat Croquettes
Pack: 350g | Master: 6x350g



Codfish Cakes
Pack: 350g | Master: 6x350g



Shrimp Rissoles
Pack: 350g | Master: 6x350g



Stuffed Squids
Pack: 250g | Master: 6x500g



Surimi Sticks
Pack: 250g | Master: 40x250g



Beef Burgers
Pack: 300g | Master: 8x300g



Collard for "Caldo Verde"
Pack: 400g | Master: 12x400g



Pre-fried Potatoes
Pack: 1kg | Master: 10x1kg



www.frip.pt



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