



Vegetables



We preserve the flavor and natural quality of fresh vegetables.



Vegetables

From the best fields in Portugal, in Ribatejo and in the Mondego valley, FRIP vegetables are grown from selected varieties in order to guarantee the best natural raw material.



Green Peas

Pack: 400g / Master: 18x400g



Broad Beans

Pack: 400g / Master: 10x400g



Broccoli

Pack: 1kg / Master: 4x1kg



Green Beans

Pack: 400g / Master: 10x400g



Romano Beans (cut)

Pack: 400g / Master: 8x400g



Green Beans (thin slices)

Pack: 400g / Master: 10x400g



Mixed Vegetables

Potatoes, carrots, green beans, peas
Pack: 400g / Master: 10x400g



Mixed Vegetables

Carrots, green beans, peas
Pack: 400g / Master: 10x400g



Mixed Vegetables

Cauliflower, broccoli, baby carrots, green beans, brussels sprouts
Pack: 400g / Master: 10x400g



4 Mushrooms Mix

Pack: 400g / Master: 10x400g



Red Fruits

Blackcurrant, blackberry, redcurrant, strawberry, raspberry
Pack: 400g / Master: 10x400g



Wild Fruits

Blueberry, blackcurrant, blackberry, redcurrant, raspberry
Pack: 400g / Master: 10x400g



Green Peas



Broad Beans



Broccoli



Broccoli (dices)



Green Beans



Green Beans (cut)



Romano Beans (cut)



Green Beans (thin slices)



Cauliflower

Presentation

10x400g

25x400g

30x400g

10x1kg

4x2,5kg

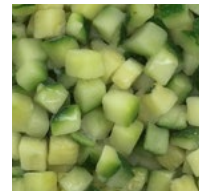
Other options on request.



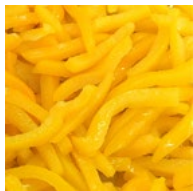
Red Pepper (slices)



Red Pepper (dices)



Courgette (dices)



Yellow Pepper (slices)



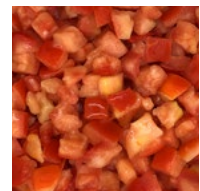
Yellow Pepper (dices)



Green Pepper (slices)



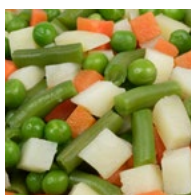
Green Pepper (dices)



Tomato (dices)



Mixed Peppers (slices)



Mixed Vegetables
Potatoes, carrots, green beans, peas



Mixed Vegetables
Carrots, green beans, peas



Mixed Vegetables
Cauliflower, broccoli, baby carrots, green beans, brussels sprouts



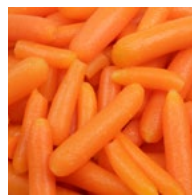
Soup Vegetable Mix
Pumpkin, leek, potato, onion, carrot, broccoli dices



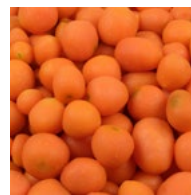
Carrot (slices)



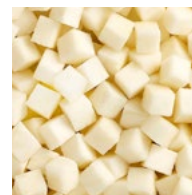
Carrot (dices)



Baby Carrot



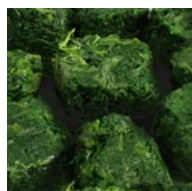
Parisian Carrot



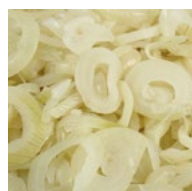
Turnip (dices)



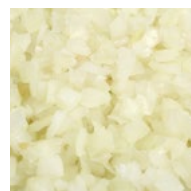
Turnip Greens (portions 50g)



Spinach Leaf (portions 50g)



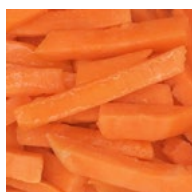
Onion (slices)



Onion (minced)



Pearl Onion



Sweet Potato (sticks)



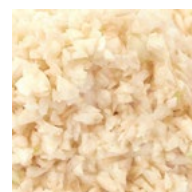
Sweet Potato (slices)



Sweet Potato (dices)



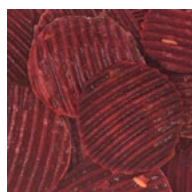
Spinach Leaf (block)



Garlic (minced)



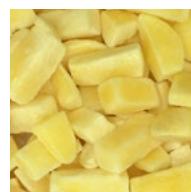
Beet (dices)



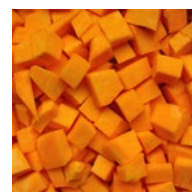
Beet (slices)



Potato (dices)



Potato (rustic cut)



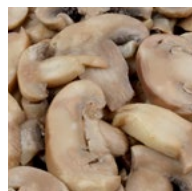
Pumpkin (dices)



Leek



Brussels Sprouts



Mushrooms (slices)



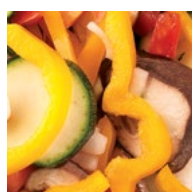
Chestnuts



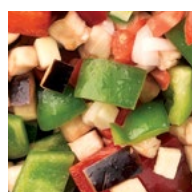
Sweet Corn



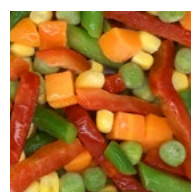
Portuguese style Vegetable Mix
Broccoli, Cauliflower, carrots



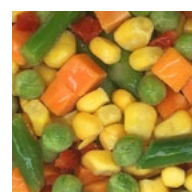
Italian style Vegetable Mix
Courgette, mushrooms, onion, yellow pepper, tomato



French style Vegetable Mix
Tomato, eggplant, courgette, onion, green pepper, red pepper



Mexican style Vegetable Mix
Peas, green beans, carrots, sweet corn, red pepper



Corn Salad
Sweet corn, peas, green beans, carrots, red pepper



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Sociedade de Pesca Miradouro, S.A.
Friopesca - Refrigeração de Aveiro, S.A.
Avenida Pedro Álvares Cabral – Apartado 9
3834-908 Gafanha da Nazaré – Portugal
T. +351 234 364 345 / F. +351 234 364 450
geralfrip@frip.pt

Frina - Frigoríficos nacionais, S.A.
Avenida das Indústrias
Casal de Colaride – Apartado 1132
2736-900 Aqualva-Cacém – Portugal
T. +351 214 314 138 / F. +351 214 314 263
frina@frina.pt